



Coffees

Fresh Brewed Organic Coffee Regular or Decaf	4.50
Espresso/Americano Single Double	4.50 6
Caffe Latte / Mocha Latte Single Double	5 6.50
Cappucino Single Double	5 6.50
Macchiato Single Double	5 6.50
Hot Chocolate Sugar free & organic chocolate, agave, choice of milk	4.50
Milk Options: Skim, 2 Percent, Whole, Unsweetened Almond, Soy, Unsweetened Coconut	

Teas

Sir Aubrey Loose Leaf Tea White/Green/Oolong/Black/Herbal	5
Chai Tea Latte	5
Wild Tonic Kombucha! (Chilled Fermented Tea) Draft 8oz Bottle 16oz	5 8

Starters

Seasonal Fruit Plate Honey-Cottage Cheese Puree varies	9
Gluten-Free Breakfast Pastry varies	5
Gluten-Free or New York Bagel cal 320, fat 10g, carb 48g, prot 8g cal 260, fat 1g, carb 56g, prot 9g	5
Fresh Berry Parfait plain, strawberry & blueberry yogurt layered with mixed berries & house-made granola cal 410, fat 18g, carb 53g, prot 11g	9
Acai Bowl layered with fruit & house-made granola, choice of: Plain cal 250, fat 9g, carb 40g, prot 4g Peanut Butter cal 310, fat 13g, carb 44g, prot 7g Peanut Butter and Cacao cal 320, fat 14g, carb 45g, prot 7g	9
Avocado Toast choice of bread, sliced avocado, goat cheese, dried cranberries cal 300, fat 19g, carb 28g, prot 8g	9

Cereals

Irish Oatmeal choice of milk, brown sugar, raisins and berries cal 250, fat 5g, carb 42g, prot 9g	8
Mii amo Granola with Fresh Berries cal 510, fat 29g, carb 56g, prot 10g	10
Organic Cold Cereal bran flakes or corn flakes with skim milk cal 260, fat tr, carb 53g, prot 9g	5

Breakfast

Entrees

Daily Feature Griddle Cakes choice of 100% maple or prickly pear syrup cal 240, fat 2g, carb 51g, prot 7g (plain)	12	Organic Egg White Omelet spinach, tomato, portabello, scallion, peppers, choice of cheese, turkey bacon or turkey sausage, choice of toast cal 390, fat 22g, carb 19g, prot 29g	14
House-made Cinnamon French Toast choice of 100% maple or prickly pear syrup cal 490, fat 7g, carb 92g, prot 16g	12	Two Organic Eggs^ roasted potatoes, turkey bacon or turkey sausage, choice of toast cal 360, fat 14g, carb 37g, prot 21g	12
Hopi Blue Corn Waffle seasonal fruit, 100% maple or prickly pear syrup cal 310, fat 8g, carb 53g, prot 5g	12	Three Sisters Tofu Scramble squash, black beans, corn and spiced tofu, choice of toast cal 260, fat 12g, carb 21g, prot 20g	14
Smoked Salmon onion, tomato, cucumber, cream cheese, capers, on a bagel cal 380, fat 9g, carb 52g, prot 22g	12	Huevo Ranchero^ corn tortilla, black beans, over easy egg, turkey chorizo, Mii amo Café house-made salsa, avocado cal 420, fat 22g, carb 30g, prot 28g	14
Organic Egg Frittata caramelized onion, roasted peppers, spinach, goat cheese, Mii amo Café house-made salsa, choice of toast cal 400, fat 22g, carb 21g, prot 27g	14	Tofu Benedict seared tofu, tempeh bacon, “cheese” sauce, spinach on half an English muffin cal 240, fat 9g, carb 23g, prot 18g	14
House-made Turkey Hash and Organic Eggs eggs over seasoned turkey, vegetables and potatoes, choice of toast cal 350, fat 13g, carb 36g, prot 32g	14	Breakfast Sandwich scrambled egg, turkey bacon, choice of cheese, on a whole wheat English muffin, served with breakfast potatoes cal 300, fat 14g, carb 28g, prot 18g	14

Additions

Fresh Berries cal 40, fat tr, carb 9g, prot 1g	Turkey Bacon cal 80, fat 3g, carb tr, prot 10g
Cream Cheese cal 50, fat 5g, carb 1g, prot 1g	Turkey Sausage cal 140, fat 9g, carb 1g, prot 14g
Tofutti cal 40, fat 4g, carb tr, prot tr	Raisins cal 80, fat 9g, carb 22g, prot 1g
Almond Milk cal 20, fat 2g, carb 1g, prot tr	Maple Syrup cal 50, fat tr, carb 13g, prot tr
Soy Milk cal 50, fat 2g, carb 4g, prot 4g	Breakfast Potatoes cal 100, fat 3g, carb 18g, prot 2g
Coconut Milk cal 35, fat 2g, carb 4g, prot tr	Organic Yogurts:
Skim Milk cal 40, fat tr, carb 6g, prot 4g	Plain cal 120, fat 2g, carb 15g, prot 10g
2% Milk cal 60, fat 3g, carb 6g, prot 4g	Strawberry cal 200, fat 2g, carb 36g, prot 9g
Whole Milk cal 70, fat 4g, carb 6g, prot 4g	

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your chance of foodborne illness.
We will be happy to accommodate special food requests.*



Cafe & Juice Bar Hours of Operation

Breakfast: 6am to 11am

Full Lunch: 11am to 2:30pm

Lite Fare: 2:30pm to 5pm

Dinner: 5pm to 9pm

Open 7 days per week

Enjoy your stay!